



Suffield Meadows Digital Newsletter

Board Meetings are usually held the 4th Tuesday of each month, unless otherwise noted. **There are NO Board Meetings in February, July OR December.** The next meeting will be Tuesday, **September 25th at 7:00 p.m.** in the Fitness Center.

ALL Suffield Meadows CUOA members are welcomed and encouraged to attend.

Board Working Sessions are held monthly at the Club House. Dates/times are posted on the calendar in the Club House and the SMCUOA web site. The next two work sessions will be **September 13th & October 11th, 10 a.m.**

ALL Suffield Meadows CUOA members are welcomed and encouraged to attend.

Reminder: Board Meeting Minutes are always available on the website for review.

Community Web Site:

www.suffieldmeadows.org

Board of Directors:

President: John Dunkin
Vice President: Dan Parker
Secretary: Vickie Hylton
Treasurer: Dave Pickersgill
Member at Large: Jim Phillips

National Realty Partners, LLC

365 Herndon Parkway, #106
Herndon, VA 20170

Community Manager:

Kristen Isaksen, (O) 703-435-3800

kisaksen@NRPartnersLLC.com

Hours: 8:30-5:00 p.m.

Emergency: (703) 476-3628

*Kristen is available Thursday mornings:
8:30-12:30 p.m. @ SM Clubhouse.*



Suffield Meadows CUOA Digital Newsletter

Volume 7, Issue 6

2018



WELCOME to the SMCUOA Digital Newsletter. The Newsletter will be emailed to every CUOA member. The Newsletter will also be posted on our web site as well as hard copies posted at the Club House, Fitness Center, Arbors Buildings and The Villa.

TURN OFF LIGHTS/LOCK DOORS TO THE FITNESS CENTER!!!

The Fitness Center is an amenity for all Suffield Meadows owners/residents. The Fitness Center has been found unlocked on occasion. This is detrimental to the safety of those living in Arbors I. Unlocked doors are an invitation to uninvited guests! The lights in the Fitness Center have been left ON several times. Neighbors from Arbors II have come at all hours of the night to turn off the lights. DO NOT leave the door unlocked...for any reason. If you are expecting someone to join you, they can use their key!! Turn off the lights when you leave. If someone is still exercising, remind them to turn off the lights!! Be safe. Stay safe.

FYI...if you are new to Suffield Meadows, please contact Kristen Isaksen, property manager, for information on keys, directory, website, useful forms, etc.

POOL CLOSING 2018

Another wonderful summer season is winding down, and although a bit wetter than recent years past, the pool was enjoyed by a substantial number of people on those days when the skies cleared, and the water was not arctic.

The success of our pool operations is not only the result of Jamie, cleaning and prepping each weekday, but the volunteers, your friends and neighbors, who committed to help by closing the pool each evening and opening and cleaning it on the weekends. We couldn't do it without their willing spirit. A warm and sincere thank you to all who stepped forward to help.

I also want to thank Sandy Ludes and Joyce Najjar for organizing and leading our summer water aerobics program. We always had a lot of fun and forgot that we were doing good things for our bodies at the same time!

The pool will come to a close on September 9th. There will be a "farewell pool" gathering for anyone interested. **Weather permitting, we will gather at the pool around 4 pm. Bring an appetizer to share and your beverage (no glassware please), and we will hang out for a bit for one last swim or float.**

On Monday, September 10th at 9:30 a.m. we will gather to wash down the pool furniture and get it stored for another year. Anyone interested, feel free to pop over. It shouldn't take long with many hands. Bring a bucket if you have one, a sponge and any old towels to dry them off. In case of rain we will do it on Tuesday, September 11th,

Announcements and Upcoming Events

Join us for "Fridays on the Porch/Patio" 6 p.m.
BYOB and snack to share!!



Remembering 9/11
8:00 a.m., September 11th
Raising of the Flag
Coffee/Donuts to follow



September 15th, 7-9 p.m.
"50's - 60's Music"
\$5.00 fee Reservations required
RSVP w/Sue Arnold, Kathy Dunkin
or Joanna Parker



THIRD FRIDAY Book Club* will meet September 21st, 10:30 a.m., at the Clubhouse. We will discuss the book "Somewhere in France" that we read for August. You do NOT need to return the books to Betty Seniw that you have. Just bring them to the September book club. They have been renewed. Elaine Reidy will be the hostess for this meeting. Please RSVP to Elaine at 703-753-930 or elainereidy@outlook.com.

New members are welcomed! Please consider joining our fun group. We read then meet, share snacks and chat about it!!

The **LADIES LUNCHEON** is usually held the fourth Thursday of each month. Luncheons are NOT held in November and December. **September 27th** we'll gather at **Expectations** in Gainesville. Join neighbors for Good Food, Good Company, Good Fun!

Please RSVP w/Jackie Phillips:
Email: jacmar0607@hotmail.com
OR 540-347-0177

BUNCO: We have two Bunco groups. These groups are full, at this time, but we always need substitutes! No experience necessary. If you like to have fun, have your name added to the list. (\$5.00 prize fee)

Tuesday: Vickie Hylton ~ 540-878-5203
OR vhylt01@comcast.net
Wednesday: Mary Lowe ~ 540-219-8611
OR mimix05@comcast.net

POKER NIGHT ~ is held the 1st and 3rd Monday's of each month from 7-9 p.m. Players are asked to bring their own change and drinks. Occasionally it's a good idea to contribute a deck of cards to the evening. For more information, please contact Chuck Hylton, at 540-878-5203 OR vhylt01@comcast.net

HAND AND FOOT ~ is played the 3rd Thursday of each month at 12:30 p.m. Next games: **September 20th and October 18th**. It is a game much like Canasta. If you'd like to learn, we'll teach you. If you can't be a regular, and know how to play, please add your name to the sub list. Please RSVP, in case we do need to call substitutes. If you would like to play, contact Vickie (vhylt01@comcast.net) OR Elaine (elainereidy@outlook.com) There is NO hostess! No food! Please bring your own drink!

Newsletter Editor ~ Vickie Hylton
540-878-5203 / vhylt01@comcast.net

Welcome to Tuesday Morning "Stretch & Strength"!



With the water aerobics classes going into hibernation for the winter, it's time to turn up the music, roll out the exercise mats, and get together for "neighborly" workouts Tuesday mornings 9:30 - 10:30 in our Fitness Center. All Suffield Meadows residents are invited—guys and gals alike—and everyone works at their own level.

We use exercise mats and dumbbells—very inexpensive—and there is NO FEE for the class. (A small donation to the Fauquier Community Food Bank is welcomed but not required.)

If you would like to be a regular member of the Stretch & Strength class (i.e., you're committed to coming on a reasonably regular basis throughout the winter), email Sandy Ludes, violist17@comcast.net, or call/text to 703-282-2556.

If you'd like more information about the class and how it might fit your personal needs, call Sandy at 703-282-2556 (afternoons are best). And if you'd just like to come and give it a try—now or any time this winter—contact Sandy to be sure there will be equipment available for you to borrow.

These classes begin Tuesday, September 11. There's plenty of room for YOU.



GENTLE YOGA meets Thursday's at 4:00 p.m. in the Fitness Center. Cindy Nichols is the Certified Yoga Instructor. The prepaid registration fee for a month is \$20/\$25.00 depending on # of Thursdays. (\$5.00 per lesson). Please contact: Joyce Petersen @ 540-341-1337.

~ ALF NEWS! ~ "VILLA VITALS" ~ ALF NEWS! ~

The Villa offers Restaurant, salon and massage services to SM owners. Please refer to prior newsletters for pricing and information (on the SM website).

The Villa @ Suffield Meadows~540-316-3800~ Website: <http://www.virginiavilla.org>

Good Afternoon Suffield Meadows,

The Villa at Suffield Meadows extends a personal invitation to the official kick off ceremony of Fauquier County Triad. In attendance will be The Honorable Mark R. Herring, Attorney General of Virginia; Carter Neville' Mayor of the Town of Warrenton, & Sherriff Robert Moser officiating the signing of the Partnership Agreement

The Triad is a partnership between The Attorney General's Office, The Sherriff's Office and community partners of which The Villa is a partner.

The Purpose of Triad is to encourage and promote senior safety in our community. One way this is accomplished is through monthly educational events highlighting various topics aimed at protecting our seniors at home. These events are held on the 1st Wednesday of the month from 10:30-11:30 at the Warrenton Senior Center, 430 E. Shirley Avenue, Warrenton, VA 20186

Previous topics have been Senior Scams; Personal Home Safety; Falls Prevention; Active Shooter to name a few.

The Next scheduled topic is Cyber Security presented by Lieutenant Richard MacWelch of Fauquier County Sheriff's Office on October 3rd 10:30-11:30 a.m.

Please join us.

*~ Sophia Cameron
Community Relations Director
The Villa at Suffield Meadows*

If you are planning to attend the Signing Ceremony at the Senior Center, please RSVP to cshelton@rrcsb.org (540) 347-7729

This Newsletter is an official publication of Suffield Meadows Condominium Unit Owners Association. Publication of Resolutions, Rules, Regulations and Meetings duly adopted or called by the Board of Directors serve as official notice to the membership and residents of the meetings or the adoptions of these enactments of rules for the purposes of enforcement.